

## Claims

1. A preventing or treating agent for arthritis which comprises plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof as active ingredients.

2. The preventing or treating agent for arthritis according to claim 1, wherein the plant belonging to the genus Hydrangea is Hydrangea macrophylla Seringe var. Thunbergii Makino.

3. The preventing or treating agent for arthritis according to claim 2, wherein the plant of Hydrangea macrophylla Seringe var. Thunbergii Makino is Hydrangeae Dulcis Folium.

4. The preventing or treating agent for arthritis according to any of claims 1 to 3, wherein the amino sugar is glucosamine or a salt thereof.

5. The preventing or treating agent for arthritis according to any of claims 1 to 4, wherein the glycosaminoglycan is chondroitin sulfate or a salt thereof.

6. A food and drink or an additive for foods and drinks comprising plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof.

7. The food and drink or the additive for foods and drinks according to claim 6, wherein it is used for prevention or

treatment of arthritis.

8. The food and drink or the additive for foods and drinks according to claim 6 to 7, wherein the plant belonging to the genus Hydrangea is Hydrangea macrophylla Seringe var. Thunbergii Makino.

9. The food and drink or the additive for foods and drinks according to claim 8, wherein the plant of Hydrangea macrophylla Seringe var. Thunbergii Makino is Hydrangeae Dulcis Folium.

10. The food and drink or the additive for foods and drinks according to any of claims 6 to 9, wherein the amino sugar is glucosamine or a salt thereof.

11. The food and drink or the additive for foods and drinks according to any of claims 6 to 10, wherein the glycosaminoglycan is chondroitin sulfate or a salt thereof.

12. A feed or an additive for feeds comprising plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof.

13. The feed or the additive for feeds according to claim 12, which is used for prevention or treatment of arthritis.

14. The feed or the additive for feeds according to claim 12 or 13, wherein the plant belonging to the genus Hydrangea is Hydrangea macrophylla Seringe var. Thunbergii Makino.

15. The feed or the additive for feeds according to claim

14, wherein the plant of Hydrangea macrophylla Seringe var. Thunbergii Makino is Hydrangeae Dulcis Folium.

16. The feed or the additive for feeds according to any of claims 12 to 15, wherein the amino sugar is glucosamine or a salt thereof.

17. The feed or the additive for feeds according to any of claims 12 to 16, wherein the glycosaminoglycan is chondroitin sulfate or a salt thereof.

18. A preventing or treating method for arthritis, which comprises administering plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof.

19. The preventing or treating method for arthritis according to claim 18, wherein the plant belonging to the genus Hydrangea is Hydrangea macrophylla Seringe var. Thunbergii Makino.

20. The preventing or treating method for arthritis according to claim 19, wherein the plant of Hydrangea macrophylla Seringe var. Thunbergii Makino is Hydrangeae Dulcis Folium.

21. The preventing or treating method for arthritis according to any of claims 18 to 20, wherein the amino sugar is glucosamine or a salt thereof.

22. The preventing or treating method for arthritis according to any of claims 18 to 21, wherein the

glycosaminoglycan is chondroitin sulfate or a salt thereof.

23. Use of plant belonging to the genus Hydrangea or an extract of the plant body and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof for the manufacture of a preventing or treating agent for arthritis.

24. Use of plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof for the manufacture of a food and drink or an additive for foods and drinks.

25. Use of plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof for the manufacture of a food and drink or an additive for foods and drinks used for prevention or treatment of arthritis.

26. Use of plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof for the manufacture of a feed or an additive for feeds.

27. Use of plant belonging to the genus Hydrangea or an extract of the plant and amino sugar or a salt thereof and/or glycosaminoglycan or a salt thereof for the manufacture of a feed or an additive for feeds used for prevention or treatment of arthritis.